



Gold Kist Farms/Pilgrim's Pride Corp
244 Perimeter Cntr Pkwy NE Atlanta, GA 30346
Ph: 1-800-241-3972 Fax: (770) 393-5148

NUTRIENT INFORMATION FORM

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

PROCESSOR NAME: Gold Kist Farms/Pilgrim's Pride

PRODUCT NAME: CN FC Breaded Chicken Sticks w/ DWE

CODE NUMBER: 110116

SERVING SIZE : 5/ 0.63 oz

Contribution: 2 **M/MA Serving** 1 **Bread Serving**

Basic Components

Calories (kcal)	231
Fat (g)	14
Saturated Fat (g)	3
Trans Fatty Acid (g)	0
Cholesterol (mg)	98
Carbohydrates (g)	13
Dietary Fiber (g)	1
Total Sugars (g)	0
Protein (g)	14

Vitamins

Vitamin A - IU (IU)	94
Vitamin C (mg)	1
Vitamin B1 - Thiamin (mg)	0
Vitamin B2 - Riboflavin (mg)	0
Vitamin B3 - Niacin (mg)	2

Minerals

Sodium (mg)	541
Calcium (mg)	20
Iron (mg)	2

Evert A. Kugler
Signature

5/27/09
Date



110116

Fully Cooked

Breaded Chicken Sticks

Breaded Stick Shaped Chicken Patties

NET WT. 15 LBS.



KEEP FROZEN
R030708PF



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Fully Cooked

Breaded Chicken Sticks

Breaded Stick Shaped Chicken Patties

INGREDIENTS: Chicken, Dried Whole Egg, Salt, Water, Seasoning [Salt, Flavor (Onion Powder), Modified Corn Starch], Sodium Phosphate, **BATTERED AND PREHUSTED WITH:** Water, Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Salt, Spices, Dextrose, Dried Garlic, Paprika and Annatto, Xanthan Gum, Natural Flavor, **BREADED WITH:** Enriched Bleached Wheat Flour (Enriched with Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Salt, Spices, Soybean Oil, Dextrose, Dried Garlic, Paprika and Annatto, Extractives of Paprika. **Breading set in Vegetable Oil.**

CONTAINS: EGG AND WHEAT



Distributed By: Pilgrim's Pride Corporation
P.O. Box 93, Pilsburg, TX 75986 800-321-1470 www.poultry.com
FOODSERVICE Gold Kist Farms is a registered trademark of Pilgrim's Pride Corporation.

HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven for 10-12 minutes at 350°F; Convection Oven for 6-8 minutes at 350°F. Appliances Vary, adjust heat times accordingly.

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CN provides 2,000 oz. equivalent nutrient alternate and 1,00 serving food alternate CN for Child Nutrition Meal Pattern Requirements. (Use of this tag and statement addressed by the food and nutrition tag.) CN



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