



Product Name: Ground Dark Turkey Meat
Product Code: 19007
UPC: 10023219190079
Date: October 6, 2009

Description: 100% dark turkey meat that is ground through a grinder with a 1/8" plate with bone eliminator. Product is packaged in 10 lb. rolls. This product is a healthy alternative in any dish that requires ground beef or pork. Just substitute the ground turkey and you will get the same great taste with fewer calories and higher protein. Product is sold and distributed frozen.

Ingredients: Dark Ground Turkey Meat.

Case Specifications

Case Weight: 40.0 lbs.
 Case Pack: 4 / 10.0 lb. rolls
 Case Cube: 0.89
 Case Dimensions: 24.125 x 15.75 x 4.063
 High & Tie: 5 x 10
 Cases per Pallet: 50

Shelf Life: 12 months frozen @ 0° F.

Nutrition Facts:

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Serving Size 3 oz. (85g)	
Servings Per Container Varied	
Amount Per Serving	
Calories 120	Calories from Fat 50
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 65mg	21%
Sodium 65mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 17g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet.	

Cooking Instructions: This ground turkey can be used in meatballs, spaghetti and any other dish where ground beef or pork is required. Simply use as an alternative and cook this as you would ground beef or pork. Cook in frying pan on medium heat until meat is thoroughly browned, drain cooking juices and serve.