

93803 FRTR BRST NUG (BL WING) RP

Nutrient	Per Svg	
	5 Pieces (109g)	Per 100g
Basic Components		
Calories (kcal)	188.13	172.52
Calories from Fat (kcal)	25.97	23.81
Fat (g)	2.89	2.65
Saturated Fat (g)	0.54	0.49
Trans Fatty Acid (g)	0.03	0.03
Cholesterol (mg)	37.80	34.66
Carbohydrates (g)	21.65	19.85
Dietary Fiber (g)	0.78	0.72
Total Sugars (g)	0.71	0.65
Protein (g)	17.84	16.36
Vitamins		
Vitamin A - IU (IU)	15.66	14.36
Vitamin C (mg)	0.84	0.77
Minerals		
Sodium (mg)	916.89	840.8
Calcium (mg)	21.71	19.91
Iron (mg)	1.27	1.17